



chicken, broccoli & pasta
from: grecodeesigncompany.com

Serves: 6

3 chicken breasts, cut into pieces
1 large package frozen broccoli
1 lb pasta {I like cavatappi or mini ziti}
olive oil
minced garlic
salt & pepper to taste
2 tablespoons butter
grated parmesan cheese

Heat oil in skillet and saute minced garlic. Add chicken and salt & pepper until lightly browned. Cook broccoli in microwave until just so thawed. Add broccoli to pan with chicken. Cook for several minutes. Add 1/4 cup parmesan cheese. In separate pan, cook pasta according to directions. Before you drain the pasta, reserve 1 cup of pasta water and add to the chicken & broccoli mixture. Drain pasta but do not rinse. Toss the pasta with butter. When butter is completely melted, add pasta to the chicken & broccoli. Toss gently. Add grated cheese and salt & pepper to taste.